

Prior Learning (Skills)

- Can talk about their hopes and dreams and the feelings associated with these
- Can identify the feeling of disappointment
- Can identify a time when they have felt disappointed
- Be able to cope with disappointment
- Help others to cope with disappointment
- Can identify what resilience is
- Have a positive attitude
- Enjoy being part of a group challenge
- Can share their success with others

Prior Learning (Knowledge)

- Know what their own hopes and dreams are
- Know that reflecting on positive and happy experiences can help them to counteract disappointment
- Know how to make a new plan and set new goals even if they have been disappointed
- Know how to work out the steps they need to take to achieve a goal
- Know how to work as part of a successful group
- Know how to share in the success of a group

Key Skills

- Verbalise what they would like their life to be like when they are grown up
- Appreciate the contributions made by people in different jobs
- Appreciate the opportunities learning and education can give them
- Reflect on the differences between their own learning goals and those of someone from a different culture
- Appreciate the differences between themselves and someone from a different culture
- Understand why they are motivated to make a positive contribution to supporting others



Year 5 - PSHE Dreams and Goals



The Jigsaw Charter

- We take turns to speak
- We use kind and positive words
- We listen to each other
- We have the right to pass
- We only use names when giving compliments or when being positive
- We respect each other's privacy (confidentiality)

Journal

Mindfulness

Terrie Cat's 'paws'

Key knowledge

- Know that they will need money to help them to achieve some of their dreams
- Know about a range of jobs that are carried out by people I know
- Know that different jobs pay more money than others
- Know the types of job they might like to do when they are older
- Know that young people from different cultures may have different dreams and goals
- Know that communicating with someone from a different culture means that they can learn from them and vice versa
- Know ways that they can support young people in their own culture and abroad

Vocabulary

goals	A result or end that a person wants and works for.
dreams	An ambition or ideal you imagine
hopes	What you want to and think will happen
aspiration	A hope or ambition of achieving something
career / profession	A job undertaken for a significant time, with opportunities
salary	The money paid by an employer to their employees
strength	An ability or good quality
achievement	Something worthwhile you have succeeded in
motivation	What helps us persevere to keep doing something
personal	To do with a particular person, or private
realistic	Seeing things as they really are
success	Something you achieve as you wanted
criteria	A standard used to assess something
global issue	Something to do with the whole world
suffering	Pain or misery
concern	Something that is a worry
hardship	Difficult conditions that cause suffering
sponsorship	Money received in return for doing something for charity
contribution	Money or help that you give with others
recognition	Acknowledging someone for what they have done