



Physical Education | Cricket | LKS2

Prior Learning and Learning Links

Year 1 and 2- Throwing and catching

Sporting Hero

Ben Stokes is an English international cricketer. He is a gifted all-rounder for the England, meaning he plays vital roles batting and bowling for the team. He famously led the England side to victory in a dramatic World Cup final win over New Zealand in 2019. To end a terrific 2019 for Ben Stokes, he scored an incredible 135 runs in a theatrical ashes test win against Australia. An incredible 2019 meant that Ben Stokes was awarded Sports Personality of the Year.



Key Vocabulary

Batting: hitting the ball with a bat to score runs or prevent the ball from hitting the wickets

Fielding: collecting the ball after it is hit by the batsman, to limit the number of runs that the batsman scores and trying to get them out.

Bowling: is the action of throwing the ball toward the wicket defended by a batter.

Wicket keeper: the player on the fielding side who stands behind the wicket trying to catch the ball.

Runs: the method of scoring in cricket.

Wickets: the three stumps that the bowler targets with the ball.

Long barrier: a method of stopping the ball when fielding.



intent | tactics | release | opponent | collaborate | prevent | continuous | vary target | zone | retrieve

Key Knowledge

Cricket is a bat-and-ball game played between two teams, each with eleven players.

You have a batting team and a fielding team.

The aim of the game is to score runs when batting and to dismiss the opposing batters when fielding.

When bowling, you aim to hit the wickets.

To score more runs, it is important to strike the ball into spaces.

Key Skills- Year 3

Apply the correct technique to throw the ball overarm.

Use underarm throw for accuracy over short distances.

Catch the ball with increasing accuracy.

Work as a team to return the ball when fielding.

Use the correct batting grip and stance to strike the ball.

Key Skills- Year 4

Bowl with increasing accuracy.

Arrange fielding positions to outwit the batter.

Return the ball accurately and quickly to the bowler or wicket keeper.

Identify spaces in the field.

Strike the ball with intent.

Use underarm throws for accuracy and overarm throws for distance