



## Prior Learning and Learning Links

Year 1 and year 2 ball skills

## Key Knowledge

I cannot travel when in possession of the ball.

I know when to use a chest pass or bounce pass.

The closer to the net, the more chance I have of scoring.

If I shoot from unrealistic areas, I'm unlikely to score and will lose possession.

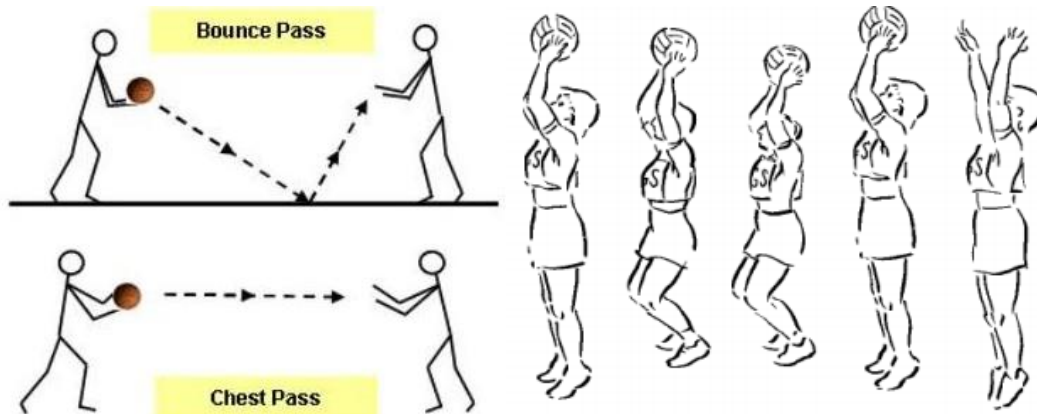
If footwork isn't applied, a foul is given and the opposition get a free pass.

## Sporting Hero

Geva Mentor has constantly ranked top of the 'World's Best Netball Lists'. She made her debut for England at just 16 and has now played in a whopping four Commonwealth Games.



Geva Mentor



## Key Vocabulary

**Chest pass:** a pass used to fight the ball through the air by pushing outwards from the chest.

**Bounce pass:** a short pass that allows a play to find a team mate in a crowded area.

**Attacking:** moving the ball up the court whilst attempting to score a point.

**Defending:** marking attackers and intercepting passes to prevent the other team from scoring a point

**Possession:** having control of the ball when attacking

**Intercept:** to catch or knock away the ball when the opposing team are in possession.

**intent | tactics | | opponent | collaborate | prevent | continuous | vary target | zone**

## Key Skills

To use the chest pass accurately.

Use the bounce pass accurately to keep possession in a tight area

Have hands ready as a target to receive a pass.

To move into space to receive a pass.

Have hands ready as a target to receive the ball.

Pass and move to create shooting opportunities from a suitable position.

Apply the correct shooting technique.

Anticipate receiving the rebound when a team mate is shooting.

Apply the correct footwork when passing, moving and receiving.



- 1) Ball held above the head, resting on one hand and supported by the other.
- 2) Bend knees and elbows.
- 3) Extend knees and elbows and push the ball into the air, aiming it to loop above the hoop.