



## Prior Learning and Learning Links

Other invasion games such as football and netball where the objective is to attack the opposition's territory and score a goal or point.

All invasion games focus on teamwork, maintaining possession, attacking, scoring and defending.

## Key Knowledge

I know that it's a foul when the ball hits my foot when dribbling.

I know when to pass short and when to pass long.

I know when I'm in a shooting position.

I know I can only control and dribble with the flat side of my hockey stick.

I understand the difference between, intercepting and tackling.

## Sporting Hero

Since making her international back in 2013, Giselle has become a key component in the backline for both the England and Great Britain teams.

The strong and powerful defender – who also possesses a wicked aerial – has already claimed an impressive array of silverware, including Olympic and European gold medals, and was also voted the 2019 Hockey Writers' Club Women's Player of the Year.



Above: Giselle Ansley

## Key Skills

I can hold my hockey stick correctly.

I can dribble in order to keep control and possession of the ball.

I can change speed and direction when dribbling.

I can pass and receive to keep possession of the ball.

I can pass and dribble to create an attack that ends with a shot on goal.

## Key Vocabulary

**Dribble:** keeping the ball close to your stick by pushing or gently tapping when on the move

**Push pass:** stick will stay in contact with the ball until it is released

**Attacking:** moving the ball up the court whilst attempting to score a point.

**Defending:** marking attackers and intercepting passes to prevent the other team from scoring a point

**Possession:** having control of the ball when attacking

**Intercept:** to catch or knock away the ball when the opposing team are in possession.

**intent | tactics | | opponent | collaborate | prevent | continuous | zone**



Correct grip for hockey: weak hand at the top and strong hand at the bottom. Knees bent and back straight.