



# Physical Education | Basketball | Year 6

## Prior Learning and Learning Links

Throwing and catching in ball games.

## Key Knowledge

Basketball is a game with one round ball and two baskets with 2 teams of 5 on the court.

The team who have the ball are the attacking team and the team without the ball are the defending team.

The aim of the game is to score points by shooting the ball into the basket.

When shooting the basketball you have one hand behind the basketball to help generate power and one hand at the side of the basketball to help direct the ball.

## Sporting Hero

Michael Jordan, is an American former professional basketball player. He played 15 seasons in the NBA, winning six championships with the Chicago Bulls. , Michael Jordan is the greatest basketball player of all time.



## Key Skills

Shoot with increasing accuracy.

Understand how to apply pressure on attackers to prevent them making a pass.

Dribbling, passing and moving into space.

Identify spaces to pass the ball into.

Create a suitable shooting opportunity.

To apply pressure in the correct areas.

Pass with increasing accuracy.

## Key Vocabulary

**Shooting:** throwing the ball aiming for it to land in the basket.

**Double Dribble:** This is a foul when the player dribbles with the basketball, stops holding the ball with 2 hands then continues dribbling.

**Travel:** When someone moves with the ball without bouncing the ball, this is also a foul.

**Dribbling:** Bouncing the basketball using one hand keeping the ball under control.

**Passing:** throwing the ball to a team mate using correct power and accuracy.

