

Prior Learning (Skills)

- To recognise own feelings and know when and where to get help.
- To know how to make the class a safe and fair place.
- To show good listening skills.
- To recognise the feeling of being worried.
- To be able to work cooperatively.

Prior Learning (Knowledge)

- To identify hopes and fears for the year ahead
- To understand the rights and responsibilities of children in school.
- To know that it is important to listen to other people
- To understand that we have our own views and that they are valuable.
- To know that there can be rewards and consequences from different choices that we make.
- To know that 'good choices' help our own and others' learning.

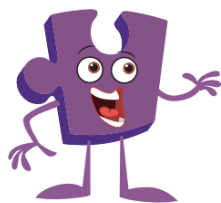
Key Skills

- To recognise self-worth.
- To identify personal strengths.
- To be able to set a personal goal.
- To recognise feelings of happiness, sadness, worry and fear in themselves and others.
- To make other people feel valued.
- To develop compassion and empathy for others.
- To be able to work collaboratively (well together).



Year 3 - PSHE

Being Me in My World



Jiggy Jino



Journal



Chime



Jerrycat's 'paws'

Key knowledge

- To understand that they are important.
- To know what a personal goal is.
- To understand what a challenge is.
- To know why rules are needed and how these relate to choices and consequences.
- To know that actions can affect others' feelings.
- To know that others may hold different views.
- To know that the school has a shared set of Christian values.

Vocabulary	
Achievement	Something that you have worked hard at and done well.
Personal Goal	Something that you want to achieve for yourself.
Praise	To tell someone what you like about their behaviour.
Feelings	What you feel about something eg. love, anger, fear.
Emotion	A strong feeling such as joy, hatred, sorrow, or fear.
Fears	A strong feeling you have if you expect danger or pain.
Worries	To feel troubled or anxious.
Solutions	To find a way to solve a problem.
Rights	Something you are allowed by law.
Responsibilities	Something you are responsible for or have a duty to do.
Rewards	To be given something for doing something good.
Consequences	The result of something.
Learning charter	A list of rules that you agree together to help you learn.
Actions	Something you do.
Behaviour	The way you act or behave.
Fairness	To be fair and have no favouritism.
Choices	A group of things that you can choose from.
Compassion	To feel another person's feelings and want to help them.
Empathy	To understand how another person is feeling.

