

Prior Learning (Skills)

Be able to show appreciation for their families, parents and carers

Use the 'Solve it together' technique to calm and resolve conflicts with friends and family

Empathise with people who are bullied

Employ skills to support someone who is bullied

Be able to 'problem-solve' a bullying situation accessing appropriate support if necessary

Be able to recognise, accept and give compliments

- Recognise feelings associated with receiving a compliment

Prior Learning (Knowledge)

- Know why families are important

Know that everybody's family is different

Know that sometimes family members don't get along and some reasons for this

Know that conflict is a normal part of relationships

Know what it means to be a witness to bullying and that a witness can make the situation worse or better by what they do

Key Skills

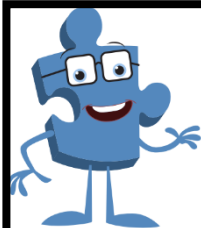
Try to accept people for who they are

- Identify influences that have made them think or feel positively/negatively about a situation
- Identify feelings that a bystander might feel in a bullying situation
- Identify reasons why a bystander might join in with bullying
- Revisit the 'Solve it together' technique to practise conflict and bullying scenarios
- Identify their own uniqueness
- Be comfortable with the way they look
- Identify when a first impression they had was right or wrong
- Be non-judgemental about others who are different



Year 4 - PSHE

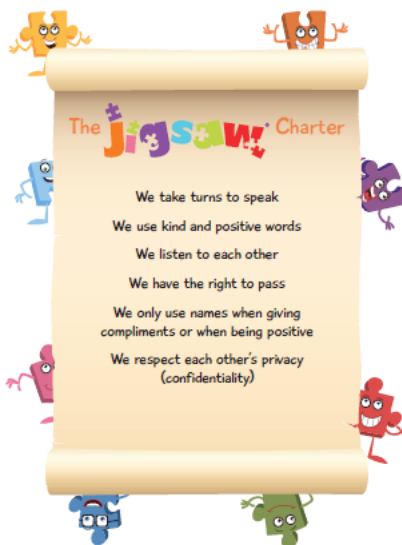
Celebrating Differences



Jiggy Jaz



Journal



Chime



Terrie Cat's 'paws'

Key knowledge

- Know that sometimes people make assumptions about a person because of the way they look or act
- Know there are influences that can affect how we judge a person or situation
- Know that some forms of bullying are harder to identify e.g. tactical ignoring, cyber-bullying
- Know what to do if they think bullying is, or might be taking place
- Know the reasons why witnesses sometimes join in with bullying and don't tell anyone
- Know that first impressions can change

Vocabulary

| | |
|--------------------------|--|
| appearance | The way someone looks |
| judgment | Forming an opinion about someone or something |
| assumption | A thing that is accepted as true without proof |
| influence | To have an effect on someone or something |
| deliberate | Done on purpose or intentionally |
| bystander | A person who is present at an event but does not take part |
| witness | A person who sees an event take place |
| cyber bullying | Bullying someone online. |
| troll | Somebody who says mean things to others online |
| unique | Being one of a kind and special |
| physical features | What your body and face looks like |
| impression | An idea feeling or impression about someone or something |